

Nu's News **X**-pression is Freedom!!!

No Scripts>No Rules> No Order <Just "pure" EXPRESSION!!!

FAWOHODIE

"Independence"



**Adinkra
symbol
meaning -**

symbol of
independence,
freedom,
emancipation

"From the
expression:
Fawodhodie ene
obre na enam.

Literal translation:
"Independence
comes with its
responsibilities."

Using Your Voice

by Off the
Record



It's about time. Time
for what, you ask?
It's about time that
some mainstream
black athletes finally
showed some
concern for
something other than
themselves. Now,
I'm sure you're
saying to yourself,
"but, athletes give

money to charities all
of the time on top of
visiting kid's
hospitals, etc."

Yeah, but all of that
is the *safe* thing to
do. How many of
today's black
athletes actually
stand up for a cause
that's political? How
many of today's
athletes stand up for
a cause that's racial?
For something that
involves the
possibility of losing a
sponsor therefore
losing one of many
paychecks?

I'm sure by now,
unless you've been
living under a rock a
la a Geico
commercial, you've

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Issue 009

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heard of the Trayvon Martin shooting tragedy? If you haven't, then Google it. Long story, short, the Miami Heat basketball team did a photo shoot of all of the players wearing hoodies just like Trayvon was when he was killed. Too many, this photo means absolutely nothing, but to a black man like me, it's a breath of fresh air.

Reportedly organized by LeBron James, this photo represents so much to black culture. In a world where no one wants to have an opinion on anything

political because they want to avoid scrutiny, these guys, black and white, took a stand. And it's not LeBron's first political statement. He once said that if he could dunk on anyone in the world, that he would dunk on and shatter the backboard on George W. Bush. That's a strong statement from someone who I'm sure has to see Republican season ticket holders sitting courtside at his games.

Muhammad Ali, the most polarizing figure in the history of sports (despite

what Skip Clueless Bayless thinks), was the first person to turn an athlete into a celebrity. However, he was willing to throw all of that fame away to take a stand in what he believed. His beliefs actually landed him in jail for a period of time in the prime of his career.



That doesn't happen now. It hasn't happened on a regular basis in 30 years. Michael Jordan once

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famously said that he wouldn't endorse a Democratic candidate in a local election because "Republicans by shoes, too." He would rather be selling shoes than using his celebrity status to bring awareness to something political. That's mainly the reason that I'm not a fan of the off-the-court Michael Jordan. He's very selfish and would rather add millions to his millions rather than make a difference in the world.

If you have the spotlight and you're

not using your voice, then you may as well lose it all together. LeBron James and the Miami Heat have decided not to fall prey to pressure. The photo may not be as powerful as the one from the '68 Olympics with Tommie Smith and John Carlos, but it does make a statement that justice has not been served in the case of Trayvon Martin. I'm not saying who's innocent or guilty; I'm just saying start the process already!

This blog is about common sense. Sure, I do blog postings on things

that are funny, provocative or random, but ultimately, the message I want to convey is that "there's always another way of doing things." People who have the means to make a difference in the country prefer not to do so because they don't want to stop their cash flow. No one wants to rock the boat.

Well, I'm glad LeBron James and the Miami Heat decided to do so. It's amazing how something so important

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X-pression is FREEDOM

Natural

Born

Terror:

Beware the

Zimmer

Man! by Solomon

Feva

Terror roams the streets!

Reacting violently to all it meets!!

Allowing not one more to pass!!!

Yield, when crossing its path!!!!

Victorious Vengeance is its pursuit!!!!!!

Only it shall survive its wake of destruction!!!!!!

Now feel its pain as it begs for the court's protection!!!!!!



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10th

Anniversary show

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Lessons From France

by Off the Record



I hate giving disclaimers, but given that some people rarely read these days, I must. We've become so accustomed to 140 characters or less and status updates, that paragraphs are just a haze. Because of that, we

sometimes form opinions of something within seconds of reading the intro. That's why I'm giving this disclaimer: I am a black man and I love black women. Simple enough?

Now you're *really* curious on what I have to say, aren't you? :)

Who would guess that the U.S. could learn a few lessons from France? A country that is the butt of so many U.S. jokes is far more progressive than the U.S. could ever imagine. France seems to have a

better grasp on race relations. They even ignore race when it comes to their census only seeing people as "French" instead of white, black, etc. Does this mean that there is no bigotry in France? Absolutely not-. But at least there is something that resembles unity with everyone being considered "French." We still choose to remain White, African-American, Asian-American, Latino, etc. Ironically, the only places we're really considered "Americans" are outside of the U.S. How sad is that?

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Because of France's views on race, they're having a huge problem with the 1st "Miss Black France" pageant that's upcoming. Now, the promoters are arguing that the pageant is a good thing. They say it's going to shine the light on black women who lack media attention. Does having a contest force the media to cover it? If so, then I'm going to start a Common Sense Pageant (if I can find enough people to qualify).

If enough black women don't think

they're being represented in the "Miss France" pageant, is joining a "Miss Black France" fixing anything? I have concerns with this. Representation can some times cause separation. If someone started a "Miss White France" pageant, then Al Sharpton would be on the next Concorde flight over to Paris. Stop it. - Stop separating yourselves and sending subliminal messages that "you're not good enough" because you *are* good enough. Anyone of *any* race can win *any* beauty pageant as

long as the voting is unbiased. If you feel as if you're not winning because of the voting, then fight to change *judges*, not pageants.

It's definitely a "white man's world," but having a separate pageant won't fix anything if you ask me. That's like starting a new basketball league because the NBA won't draft you. It's your prerogative, but it's still not the NBA. It's well within the rights off the black ladies to participate in their own competition, but I think it would be more productive to

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protest the Miss France competition. I'd rather fight to desegregate than separate if I'm going to fight at all.

The Talk 2 Q Radio Show!

Some things just need to be said.



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- <http://www.twitter.com/Talk2Q>
- <http://www.facebook.com/http://www.facebook.com/profile.php?id=100002123815693>

Listen LIVE!
Tue/Wed @ 10 PM ET/9 PM CT!
LISTEN LIVE to T2Q!

Call-in # is
(323) 784-3650.

Only white

people.

■ ■ by TheTsaritza

From [The Tsaritza Sez](#)



Image via [Wikipedia](#)

You already know how I feel about racists, but the recent Twitter trending topic #Only White People has inspired me to blog once more on the issue and share with you a personal story.

Apparently some believe that white people cannot experience racism first

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hand, they can only be the perpetrators. I don't believe that, in fact I think that statement is a load of hogwash. Anyone can be ignorant or idiotic, it doesn't matter what color your skin is. I've been discriminated against because of my skin color more than enough times in my life to tell you that yes, you can be racist towards a white person, and I'm not someone who gets easily offended over silly things. A lot of the jokes people were cracking about crackers on Twitter were actually pretty funny, and I really have no problem with people saying that Caucasians smell like wet dogs and put

leashes on their kids. That ish is funny, mostly because there's some truth in it (I've smelled many a white person wearing "eau de moist pooch"). It's fun to joke about stereotypes, but it's another thing to hate someone because they're different looking.

Please understand where I'm coming from: I'm not trying to make a huge issue out of this or say that this problem is any greater than any other kind of racism, because it's not. I completely understand, and disagree with, how inherently flawed our institutions are and how racism plays a huge role in the

disproportionate numbers of African-Americans and Latinos in prison populations and in poverty. The system needs a major overhaul in changes and these and other issues clearly deserve a serious discussion. I'm totally on board because I believe that the power in this country should not solely belong to rich white men. It's not right, and it's the reason why women and minorities have so much stacked against them. **My only point in writing this blog post is that anyone can be a racist idiot.** It irks me that some believe that just because I'm white I cannot be the victim of

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racism, or that it's somehow justifiable. I had been physically assaulted in the past because of my skin color, and it was horrible. Though I never reported it, I still remember the incident as if it happened yesterday.

I was riding the elevated train in Philly one summer, going from Center City to the Northeast, with my friend Star, who happens to be a six foot two inch African-American woman. I was sitting on the aisle side of the bench next to Star on a packed train and incidentally I was the only white person in the train car. Just as the train was getting ready to pull

out of the station, at the stop just before Frankfort, a thirteen year old boy quickly punched me in the face and ran out between the closing doors. "White bitch" I could see him laughing and joking with his friends on the platform as the train rode away. "Don't cry," Star said and held my hand as I attempted to push back my angry tears. I kept silent until we got to our destination, the next stop, mostly because I was in shock. I didn't understand why a stranger would want to hurt me just because of my skin color. The punch hurt, but the sting of that hatred hurt more. "Why me?" It was hard to process.

I've always been against racism and I've always been against privileges for only certain sections of society. I'm what you might call an egalitarian, though I try not to attach labels to myself. The idea of simply hating the ruling power is not constructive. Yeah, I'm not a fan of how things are going politically right now with the way banks and big businesses are being favored over the regular people, like myself and countless others, who depend on some social services because we cannot afford to pay for those services ourselves. But instead of simply hating and

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physically attacking those who lobby for big business and other evils, I'm going to do my homework and vote and protest and write about these things so that more people can know and protest with me. Punching a random stranger may relieve some sort of stress, but that same random stranger may actually be on your side.

So Why Not

by *My Mind*



I believe the best policy solution is for prostitution to be totally 100% legalized. As the Supreme Court has ruled on a women's right

to chose in 1973 known as the Roe vs. Wade decision, which in fact gives women the right to terminate an unwanted pregnancy legally, so obviously and certainly this would open the full

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intellectual argument for this right(prostitution) as well. With rising cost of living, failing economy and failing educational system, I think we have bigger issues to concentrate

on that are far more impacting and serious.

Finally, for all those who say why chose to do something so immoral and degrading with such lack of class, I say well why not when it's your own ass!

BECOME AN INDIE CHICK!
Join the Revolution

ADD AN INDIE BADGE TO YOUR WEBSITE!

WE CAN EVEN CUSTOM MAKE ONE FOR YOU!

[Click here](#)

Check out our Sister Site

CO-FOUNDER CHIARA HAS A LOT TO SAY ABOUT SEX, DATING & RELATIONSHIPS.

Should she tone it down?

[Click here](#)

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He Say

by Little Love

He say...

I want you to be
that, that I yearn,
I wanna learn.

How or what it is
that makes me
look, feel, touch,
but can't catch.

Intrigued by your
moves your walk
and talk.

What is it he say???

He likes, he
loves, but never
understood why
she and only she
can make himself
see- In a whole
new light...

Shinning so
bright, her smile
her eyes, her
lips...

What is it he say???

That makes me
wanna go deep,
find where the
truth of it lies,

souls
intertwined.. It's
blowing his mind.
The feeling the
smell, the taste
that he can not
describe

What is it he say???

That keeps me
turning, has my
heart burning
with desire....

She leads him to
the gate of
passion, peace,
unconditional
love....

What is he say????

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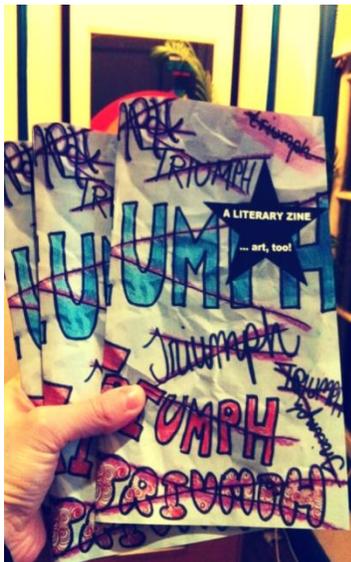
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She
whispers.....
My HEART!!!!!!

**Gentle and
fragile he
accepts the role
as the guard.....**

TRIUMPH
by TheTsaritza



Click the button below to order your copy which I will personalize and send to you. I'm asking for three dollars (plus shipping) and every penny goes towards printing costs. Order now!



**Getting
over
myself in
order to
write
truthfully**

by the Tsaritza

From [The Tsaritza Sez](#)

Writing can be scary.
To be a good writer,

one should completely honest with oneself and not hold back or falsify anything. Just tell the story like it happened. The truth is usually a lot more interesting than fiction, anyway-- and if you've had enough diverse life experiences you won't ever feel the need to lie in your work, except for the occasional name-change (to protect the innocent and the very guilty). So what's my problem?



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There are some things that plague me and I wish I could write about them, but I'm too afraid. I'm afraid to put those thoughts on paper because that would mean admitting that they are real. I know what happened and I remember everything in great detail, but to give life to stories that I've been trying to forget is very intimidating to me. Sure, it could be therapeutic to uncork those memories, and perhaps writing them down will make whatever problems I think exist seem like not such a big deal, but it still freaks me out.

One other thing I'm worried about in

exposing myself in my writing is the would-be audience's reaction to my truthfulness-- what will they think of me? I don't want to put myself out there, so to speak, only to be a laughing-stock embarrassment or (even worse) have the people I know think less of me. That's what really gets me.

This is all speculation, though, and my embarrassment is dependent upon my writing getting published and people actually reading it-- so what do I really have to fear?

It's funny how life's biggest hurdles are usually self-induced. All I have to do is get over myself.



The New MySpace

by Q-Topilous

Everybody's talking about it. So I might as well address it here and now.

Facebook is becoming the next MySpace. Yes, it's been a long time coming. We had our up's downs and good ole times, but Facebook is

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reaching a plateau, not a new plateau, but a plateau. It's the new age beast of information overload. I have the sense that everyone is tired of hearing how single you are, or where you've "checked into". And who is the new Facebook? Twitter. Surprised? Don't be. Turn on the news, CNN, ESPN, or MSNBC. You will start to notice the same patterns, news-makers, athletics, actors, industry-leaders, authors,

business...anyone who is someone, breaking the news via Twitter. -Its short simple, and to the point. No one cares about life, well, only the parts that they care about, and keep that to a minimum. Businesses are realizing that no one cares about their Facebook page and fans are realizing that in general, the people they adore, semi-care about their Facebook pages. Twitter's atmosphere feels like it's alive, it feels like you can

just tap Dwayne Wade on his shoulder and ask, "How are your kids?" and he just might reply. Facebook, like its predecessor, is just asking for too much, there are too many friends, (remember the race to a 1000 personalities, settings, apps, feeds, and to deal with. We already have that in real life! So here's my analysis. I believe the problem with MySpace wasn't that it got tiring or bored. It tried to recreate life on a screen. -But

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what about the success of Facebook? It came along at the right time and place. Our IOS's and androids were n't quite able to complement our lives like they do now. The way we communicate with each other is evolving, and at some point, it's my prediction, social media sites give way to more, responsive, social media apps. Apps such as Twitter which allow us to read, digest, and move on, either to the next conversation, or

with our lives. Facebook has seen this and has been attempting to evolve...just with a little difficulty. The timeline feature is pretty much useless, we all know this. The new IM/msg feature is a little annoying and we're all tired of people we don't know inviting us to things we don't want to go too or games we don't to play. It's just routed in the MySpace way of doing things. This is not to say it won't be around, it simply won't be as

important as we once thought it was. Google Plus has a plan to stand out in the social media world and Pinterest is quickly gaining interest with the same minimalism inherent to Twitter. These are just my thoughts, yours?

The Quiet Game

 by

Solomon Feva

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Shhhhhh! Be Quiet. No talking in the classroom, lunchroom, cafeteria or hall

It's a wonder that our kids have a vocabulary at all!

We're told that they're too shy, withdrawn; afraid of public speaking

When at the earliest age, they are taught to keep their thoughts, in

Then, off to

college, where many classes are based on discussion

Participation in sharing Ideas is a must; the star pupils are as loud as band percussions

But we were not allowed for the first years of our learning, to open up and express

So we get Cs, Ds, and Fs; and honestly confess

to parents that, we did our best

The time is now to end this shameful system....

Instead of changing lights, scolding, sending home sad faces, or dusting chalk

Tell that school that maybe what they should do, when kids talk is.....Shhhhhh!

Be Quiet! And **LISTEN.**

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Nice Guys Don't Get Laid

by Ms Manhood
From [Six Months of
Manhood](#)

"I don't get it," I hear over and over again. "Women say they want a nice guy, someone who will love them and take care of them. I'm all those things. Why isn't she interested?"

Chances are, if you've asked this before, you've ended up in the friend bucket before you were even considered for leading role in her bedroom. If you're beaten up by the notion that Bad Boys rule the dating world and Nice Guys finish last, you're absolutely right. Nice guys don't get laid. They do, however, have a harem of female friends—girls, gorgeous girls, at that, who gather around them because they're

wonderfully nice, sweet, gentle guys. Girls love Nice Guys. But they don't sleep with them.

Bad Boys aren't necessarily the motorcycle-riding, tattooed ex-cons wearing a wife beater shirt and a permanent scowl. Bad Boys are merely masculine men. If we define them as men who possess a strong masculine energy, evolution dictates that these men will have dominance in the dating world. So, what is masculine

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energy? It has little to do with dick size, height, occupation, and socioeconomic class and everything to do with the state of being. It's what you exude when you're not even cognizant, a vibe that surrounds you and speaks louder than what you say. Men with masculine energies attract women with feminine energy. It's the law of nature. Opposites attract.

Men with masculine energy project decisiveness, ambition, and logic.

They are active, missioned, sexually charged, and driven. Feminine energy is softer and more passive. It whispers of love and nurturing, tenderness, compassion as opposed to passion, and the need to be understood.

Despite what women say they want, they're pulled magnetically toward masculine energy, particularly if their feminine energy is high. If you're constantly labeled as a Nice Guy, maybe

you're subconsciously emitting too much feminine mojo, and by tweaking this vibe into a more testosterone-fueled force, it might up your game.

But don't think that this energy stuff only applies to men. A huge issue in the dating world today is gender confusion. Currently, more women than men have college degrees, and the surge of women in professional careers has tilted the dating world as well as the

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corporate world. Women now have power, and this strength is perceived as masculine energy. The problem arises when men with masculine energy crave the nurturing, feminine allure. Manly Man doesn't want to butt heads with an equally masculine female—one who is ambitious, dominant, assertive, and driven. He will feel challenged and a bit threatened, and will seek out a more feminine, passive partner. Again, it's the law of nature.

Masculine seeks feminine. Consequently, a masculine-energized female might be clueless as to why every effeminate man in the universe is drawn to her as if she's Judy Garland. Go figure!

So, how do you change your energy? First, identify what you're throwing out there in the universe. Are you more masculine or feminine? Consider your dating pattern and who you've historically attracted. If you're

Mr. Nice Guy, pay attention to the Bad Boy at the bar, the one who stands tall, plays the part of the director, exudes confidence rather than timidity. He's competitive rather than passive, and he leads the pack.

Notice his movements and his aura. He's a great study. What he's emanating should be bottled and sold in the form of expensive, exotic cologne. It's what separates the man who gets laid and the one who goes home

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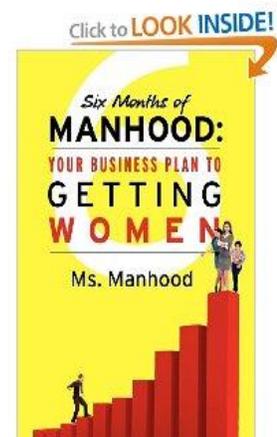
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alone and jacks off to porn.

Back to the question: "Women say they want a nice guy, someone who will love them and take care of them. I'm all those things. Why isn't she interested?" Women do want the Nice Guy, but they don't want him all the time. They want the Bad Boy to lead, and the Nice Guy to finish. If it were a mathematical equation, a woman wants 80% Bad Boy, 20% Nice Guy. She wants you to surprise

her with your listening skills (feminine energy) when she's had a bad day and shed a secret tear (feminine energy) that she thinks she saw but you deny shedding during her favorite movie. Most of the time, though, she wants you to be a man, - She doesn't want needy and clingy. She doesn't want you blowing up her phone with texts and carrying her purse at the mall. She doesn't want you complaining about your bunions and Irritable Bowel

Syndrome and exhibiting your frailty and weakness. She wants you strong and certain. Her Masculine Manly Man. Grrrrr! Consider it. Maybe it's time to **Remanify**



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**Provocation
of Thought:
An Opus of
Analogy
"The 24th
Hour and the
Cycle
Continues
the Way it
should go"**

by My Mind

9 months of
blankness...3
months of
awakening.....
2 years of
developing
and 2 more

years of
nurturing.....12
years of
cultivating....4
years of
enhancing....2
years to
master it....1
year to make
and
regenerate
it.....Did I take
you fast?

Think about
it and wake
up my
people!

Dealing with Death

by
Off the Record

Know that I've been missing from my blog and social networks for a while. It just wasn't a focus of mine over the past week or so. My mom passed away at 1:30 AM on June 2nd. She had been battling multiple myeloma for a couple of years now. She was in and out of the hospital over the past few months, but she checked in, for the last time, the day after Mother's Day.

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It was within a week that we learned that it was pretty much a waiting game. We didn't know when, but we knew that death was inevitable and that the doctors could do no more. Although it was painful to watch my mom fade with each passing day, things were made a bit easier to know how many people loved her. She had tons of visitors and got to benefit from the love from so many people whose lives she had touched over the years.

To me, that was the true meaning of a legacy. A legacy isn't leaving children behind or having some

statue built in your honor. A legacy is leaving people with a part of you that they will keep with them forever. My mom passed away with family at her side and that's what anyone should want. Not some phone call saying something unexpected happened, but to be able to actually say "goodbye."

I feel a sense of pride of how wonderful of a lady she was based on all of the people who has come by to visit my dad. How could one person have touched so many lives in 69 years? I know that the strength and pride that I feel today will stay with me after

the funeral. The services on tomorrow will be "closed casket" at my mom's request, so yesterday's viewing at the funeral home was my last time seeing her. The tears I shed on yesterday were not because I was feeling sorry for myself or asking "why?" They were tears of gratitude of me saying "thank you." "Thank you" for keeping me in line when I was a child and for never-stop being my mother after adulthood. Even though I'm dealing with death, the memories of the life lessons that you taught will still guide me going forward.

I ask that my readers

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understand that I don't plan on responding to any comments on this post although I do appreciate them. I need to get past this feeling I've had. It's not healthy. After a few days of feeling lost, I'm slowly returning back to my everyday self. That's what my mom would have wanted. -For me to be me - for me to be the strong one and to take care of my grandmother and my father. To do that, I *have* to have the strength to move on...

...And Momma didn't

raise no punk.

In Memoriam



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Mississippi*



<http://Jackson-live.webs.com>

**Needed
African
American**

**Mathematical
principles** by My
Mind

**I have the
bread....**

**He has the
bologna....**

**She has the
mayo....**

**Together,
"WE" have
sandwiches!**

**Panthera
LEO** by My Mind

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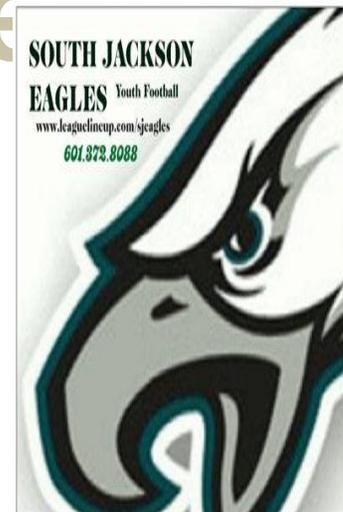
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When I was free I roamed, surveyed the territory that was unwritten officially but yet mine, when I was free I was a predator on the prowl stalking the unknowingly walking blind with their eagerness, then it all changed like a storm dismantling a tranquil day in autumn, you strapped me

down took away the prowl's of the uncharted, unconquered, and untouched ones, you forced the war of the inner man against the outer man....however; you didn't destroy me, you actually enhanced me, you honed the skills a master , you brought light of light to the darkest dark.... Still for all the

years I'm caged yet free as can be....So these words I sing, let freedom ring, with or without a cage, I'm forever King.



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